



A cartoon illustration of a young boy with black hair and a red shirt, wearing large red headphones. He is smiling and looking forward. Behind him is a grey shelf with three binders labeled 'ENGLISH', 'MATHS', and 'SCIENCE'. Below the binders is a dark blue backpack. The background is a vibrant purple with teal and black radiating lines and a halftone dot pattern.

ALL
play
learn

**HOW TO BE
ORGANISED!**

In primary school I mostly stayed in one classroom. Now that I'm in secondary, there are lots of new subjects like science, art and geography.

This means there are lots of different classrooms that I need to go to.



To be ready for all my classes I need to get the books for each subject from my locker.

I also need to give myself time to get to the class before the bell goes for the lesson to begin. If I do this I can be calm and ready for each lesson.



Lunch or break time can be a lot of fun. When I'm having fun, I don't feel like stopping what I am doing to get ready for class.

When it is time to get ready for class I....

OPTION 1

ignore the time and keep doing what I am doing

GO TO PAGE 3

OPTION 2

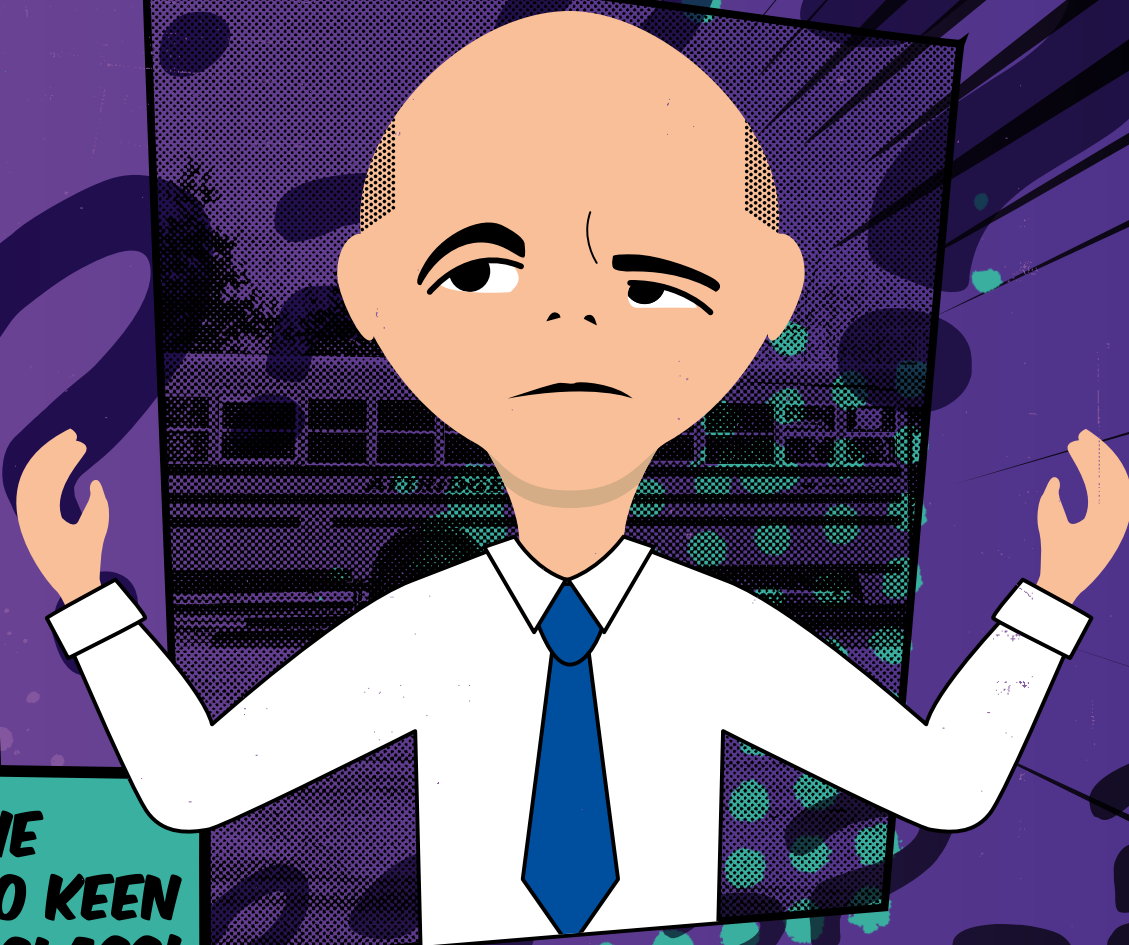
head to my locker well before the bell to make sure I have plenty of time to get organised

GO TO PAGE 4



**I DON'T THINK THE
TEACHERS ARE SO KEEN
ON ME SKIPPING CLASS!**

Maybe that wasn't the best idea...



 **OOPS!**



I have different classes on different days and can't always remember what is next.

When that happens I....

OPTION 1

check my timetable to work out what I need to take with me and what room I need to go to. My timetable is printed out and stuck to the inside of my locker so that I can easily check it.

GO TO PAGE 5

OPTION 2

take a guess at what to take with me and where I need to be

GO TO PAGE 6



I know now which books and other stuff I need. I keep each subject's print outs and books in individual folders that are clearly labelled so that they're easy to find.

I grab them from my locker and get ready to go to my class.

When I'm new or I have a new classroom I might not know or remember where that classroom is.



When that happens I....

OPTION 1

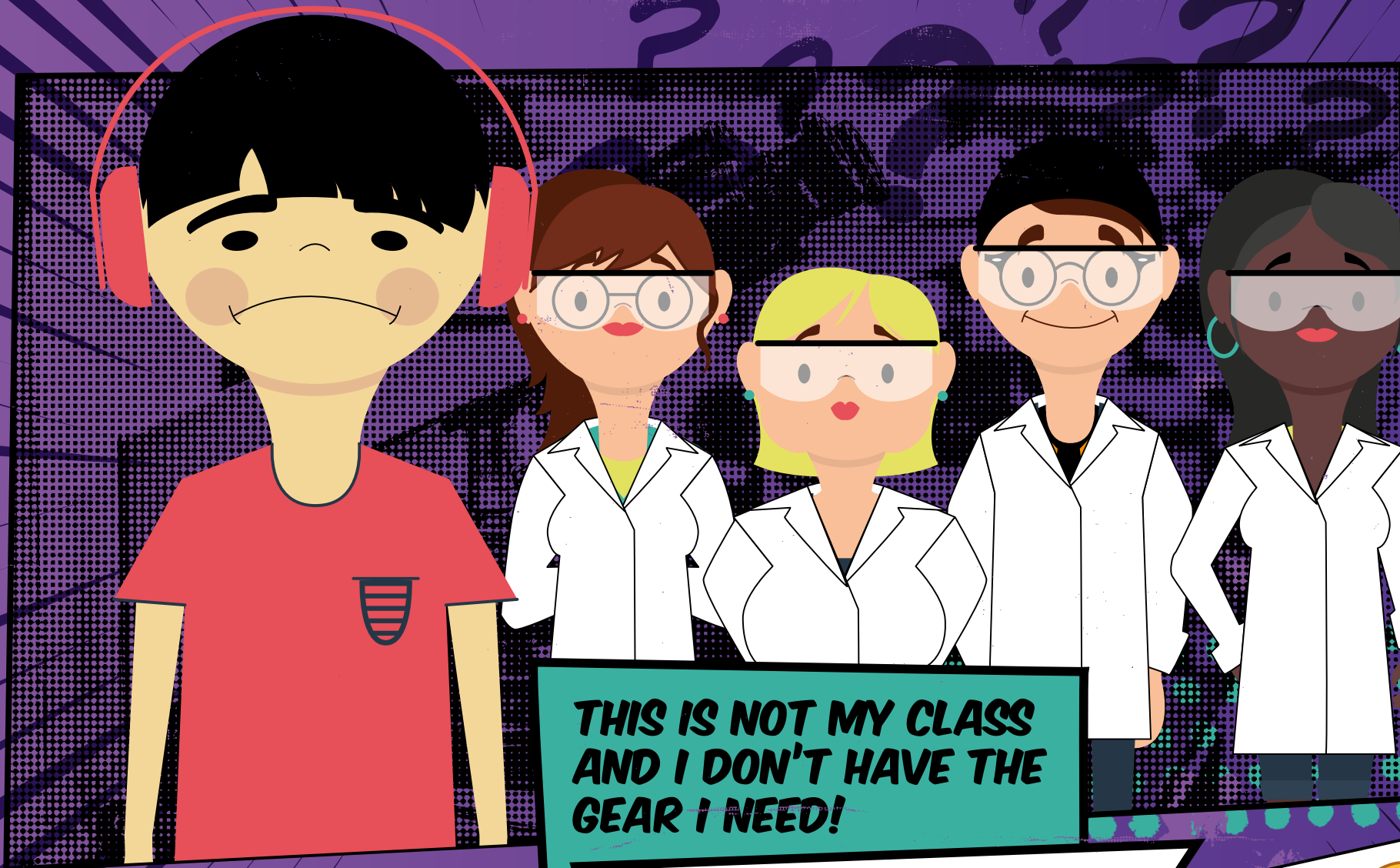
get really frustrated and punch my locker

GO TO PAGE 7

OPTION 2

ask another student or teacher for help

GO TO PAGE 8



**THIS IS NOT MY CLASS
AND I DON'T HAVE THE
GEAR I NEED!**

Maybe next time I'll look
at my timetable!!

 **OOOPS!**



AARRH!
AARRH!
AARRH!

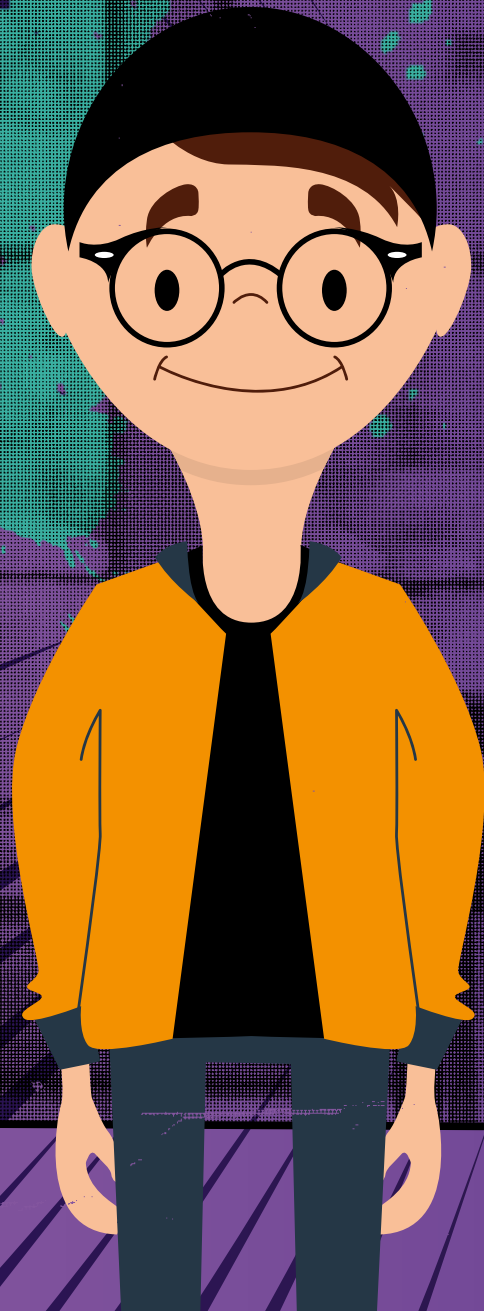
!!!
AARRH!
OUCH!
AARRH!
!!!

NOW I HAVE HURT MY HAND
AND STILL DON'T KNOW
WHERE MY CLASS WILL BE.

Maybe next time I won't
punch the locker!



OOPS!



I found my class and have everything I need. My teacher is happy when I get to class on time and organised,

PLUS I GET THE SEAT IN THE CLASSROOM THAT I WANT!!



At the end of the school day,
I can't wait to get home and
eat and relax!



Before I leave I....

OPTION 1

shove my books back into my
locker, grab my bag and yell
goodbye to my friends

GO TO PAGE 10

OPTION 2

put my books back into my locker,
and check my diary to see what
homework I have to complete
tonight, then pack my diary and
homework into my bag. Then I yell
goodbye to my friends

GO TO PAGE 11

now I'm home and I've got my snack,
but... I forgot to bring my homework
home, AND I don't remember if I have
sport tomorrow or not!



That means I'm not sure
whether to wear my sports
uniform or school uniform.

 **OOPS!**



I had everything I needed to get my homework done, and because I have my timetable stuck into my diary I was able to organise what I need for school tomorrow too. Now I can relax and enjoy the rest of my afternoon!

BEING ORGANISED ISN'T SO HARD AND IT SURE TAKES THE PRESSURE OFF.

 **NICE!**

THINGS I DID TO BE ORGANISED:



1- Keep all of my materials for each subject in separate folders

2- Have my timetable printed inside the door of my locker

3- Have my timetable printed in my diary

4- Take my diary home each day so I know what to bring to school tomorrow

5- Give myself enough time to get organised before classes

6- If I am unsure where a room is, I ask for help

7- Check my diary before I leave school at the end of the day



About this story:

Secondary school often requires a higher level of organisation skills in students.

This can be challenging for students who may find tasks involving executive functioning (planning, organising and problem solving) difficult, such as students with autism, Attention Deficit Hyperactivity Disorder, or intellectual disability.

Breaking down how to plan and organise some of the day-to-day tasks may be helpful for these students, and may also alleviate anxiety for students transitioning to secondary school.

AllPlay: Making the world fit for all kids

AllPlay is about creating inclusive environments for children wherever they learn, play, dance and engage in the community.

Our team of researchers brings together the research evidence that sits behind our toolkits and programs to ensure that the strategies we deliver are as effective as they can be.

We work with those committed to creating inclusive communities including coaches, sporting clubs, dance schools, teachers and educators, parents and healthcare practitioners.



Our philosophy:
Change the world, not the child.

For more stories and information on making education accessible for everyone
please visit: allplaylearn.org.au



Copyright 2019. Deakin University

Except as permitted under your local Copyright Act, no part of this material may be reproduced by any process, electronic or otherwise, without the specific written permission of Deakin University.

For permission to reproduce this material please contact: copyright@deakin.edu.au.

AllPlay Learn was supported by the Victorian Government.



Education
and Training